

TRIO PITTSBURGH CHAPTER NEWS – DECEMBER 2009

TRIO PITTSBURGH CHAPTER – www.trio-pittsburgh.org

- ❖ Office - Falk Building, Room 601, 200 Lothrop Street, Pittsburgh, PA 15213, 412-647-7461 or 1-877-647-3439.
- ❖ TRIO 2010 Officers: Richard Koper - President; Mary Alice King - Vice President; Rudy Molnar - Treasurer; Donna Wolfson - Recording Secretary, Paul Armbruster - Corresponding Secretary, and Kathy Jacobs - Past President.
- ❖ TRIO 2010 Board Members: Richard Koper, Mary Alice King, Rudy Molnar, Donna Wolfson, Kathy Jacobs, Paul Armbruster, Michele Barnes, Anna DiPilato, Shannon Flynn, Carol Foglia, Janice Glidewell, Lisa Hoff, Tracie Sabatine, JoAnne Schwarz, Georgene Thomas, Robb Wilson, and Colleen Yost.
- ❖ TRIO 2010 Honorary Board Members: Dr. Kareem Abu-Elmagd, Dr. Barbara Carpenter, Dr. Thomas Cacciarelli, Dr. Robert Kormos, Dr. George Mazariegos, Dr. Dennis McNamara, Dr. Srinivas Murali, Dr. Obaid Shakil Shaikh, Dr. Ron Shapiro, Dr. Thomas Starzl, Susan Stuart, Dr. Ngoc Thai, Dr. Kusum Tom, and Dr. Steven Webber.
- ❖ There will be no TRIO Support Group Meeting for December 2009.
- ❖ TRIO Support Group Meetings for 2010: 1/17/10, 2/21/10, 3/21/10, 6/13/10, 7/18/10, 9/19/10, 10/17/10, 11/21/10. There will be no Support Group Meeting in August (Celebration of Life Dinner), May (CORE Special Place), August (Annual Picnic) or December (Holiday Party).
- ❖ Free parking is available for support group meetings held at Allegheny General Hospital (James Street Garage) & UPMC Montefiore (Montefiore Parking Garage). Bring ticket with you for validation.
- ❖ As of 12/1/09, TRIO Pittsburgh Chapter has 51 Family and 40 Individual Membership Applications.
- ❖ If interested in purchasing a "Be An Organ Donor" magnet for \$5.00, please see Rudy Molnar.
- ❖ TRIO website has a calendar listing of meetings & events. Go to www.trio-pittsburgh.org and click on Calendar.
- ❖ TRIO Members without email addresses call the TRIO Office (1-877-647-3439) about Support Group Meetings.
- ❖ Please note that as of 1/1/2010, Paul Armbruster will be the Corresponding Secretary. Should you have any questions relating to TRIO, please email him at armbruster@trio-pittsburgh.org

TRIO ANNUAL CHRISTMAS PARTY

- ❖ Friday, 12/4/09, starting at 7 PM @ D'Imperios, 3412 William Penn Highway. Cash bar & appetizers start at 7 PM. Dinner is at 7:30 PM. At 9 PM, we will have a gift exchange. Please bring a wrapped universal gift valued between \$5 and \$7. Please note the lounge has live entertainment should you want to stay and dance the night away!!!

HAPPY ANNIVERSARY TO OUR TRIO MEMBERS

- ❖ December Anniversaries: Barbara Allen - 12/16/1997 (Liver - 12 Years); Jeffrey Blattner - 12/28/2005 (Liver - 4 Years); David Garrison - 12/16/2002 (Heart - 7 Years); Patrick Mino - 12/18/1987 (Liver - 22 Years); Nathan Repasky - 12/28/1992 (Kidney donated from father - 17 Years); Samantha Scholl - 12/1991 & 12/2000 (Heart - 18 & 9 Years); Pamela Shaffer - 12/30/1996 (Lung - 13 Years); and Nancy Underwood - 12/23/2008 (Liver - 1 Year).
- ❖ Also, congratulations to the following for their anniversaries: Stephanie Berardi, (Liver - 2 in 1986, 1 in 1988, and 1 in 1996), Mary Lou Poder (Kidney in 1994 & Pancreas in 1996), and Cindy Siebauer, (Kidney in 1984 & 1994),

TRIO INTERNATIONAL – www.trioweb.org

- ❖ We have 26 Family and 17 Individual TRIO International Memberships.
- ❖ Please visit TRIO International's new website which has been updated @ www.trioweb.org.
- ❖ TRIO Lifelines is now available on-line.

CIRRHOSIS ONLINE SUPPORT GROUP

- ❖ New and free online cirrhosis support group at www.mdjunction.com/cirrhosis

GREATER PITTSBURGH PBC (PRIMARY BILIARY CIRRHOSIS) SUPPORT GROUP

- ❖ There will be no afternoon meeting for the month of December.

AMERICAN LIVER FOUNDATION - WESTERN PENNSYLVANIA CHAPTER - www.liverfoundation.org/chapters/westernpa/

- ❖ Living with Hepatitis Monthly Support Group - Thursday, 12/17/09 - 1 PM to 2:30 PM - 330 South 9th Street, Room 182, Pittsburgh, PA 15203. Contact Jen Warner @ 412-535-2670.

TEAM PITTSBURGH – www.teampittsburgh.org

- ❖ U.S. Transplant Games in Madison, Wisconsin - July 30th through August 4, 2010!!!
- ❖ Team Pittsburgh Meeting - Saturday, 12/12/09 - 12 Noon. UPMC Biomedical Science Tower, A100.
- ❖ Team Pittsburgh is starting off the fundraising for 2010. If you can donate 4 to 5 hours on either Thursday (UPMC Presbyterian) or Friday (UPMC Montefiore) to help with this fundraising event, please call Georgene Thomas @ 412-481-5473.
- ❖ Bowling practice has begun in preparation for the 2010 games. If interested in becoming a member of the team, please email Robb Wilson @ robbw81@yahoo.com
- ❖ TRIO will provide financial aid to any TRIO/Team Pittsburgh member who is financially unable to pay the early bird registration fee for the 2010 Transplant Games. You must be a 2009 & 2010 TRIO member to qualify. Since this is an upfront fee, and is somewhere around \$100, this can help those who wouldn't otherwise have the funds to pay this fee. This is for early registration fee only. Anyone who is interested, should contact TRIO President, Rich Koper @ 724-225-5440 or email barbsingsgospel@gmail.com

WESTERN PA KIDNEY SUPPORT GROUPS – www.wpakidneysupport.org

- ❖ Pittsburgh East Support Group - Sunday, 12/13/09 - 1 PM - 3 PM, Panera Bread, Wilkins, Twp. For more information, contact Robb Wilson @ 412-823-5630 or robbw81@yahoo.com
- ❖ Northwestern (Pediatric) - Wednesday, 12/16/09 - 7 PM - 9 PM, Panera Bread, Hermitage, PA. Contact Lori Bible @ 724-981-0368 or sbible6@msn.com

UPMC E-CARDS

- ❖ Go to: <http://ecards.upmc.com> . Choose a category - Select a design - Get Well, New Baby, Birthday & Holidays. Fill in the blanks and send it electronically. This includes the UPMC facilities - Bedford, Horizon, Montefiore, Passavant, Presbyterian, Shadyside, and St. Margaret.

PROGRAF VALUE CARD PROGRAM

- ❖ Astellas has a Prograf value card program available to you if you qualify. All you have to do is complete the enrollment process in 3 easy steps. Once activated, this card may be used to instantly save up to \$100 on each of your next 12 prescriptions for a total savings of up to \$1,200. Please note that you are not eligible to participate in the Prograf: Value Card program if your prescriptions are paid for in part or full by any state or federally funded benefit program including but not limited to Medicare or Medicaid, Medigap, VA, DOD or Tricare or where prohibited by law. Visit www.transplantmedsavings.com or call 1-866-790-7659.